Angular Momentum Problems

1. Calculate the angular momentum of a 5 kg object moving horizontally at 30 m/s from the four points shown.



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2. A 4 kg object is located at 5i - 9j m. It has a velocity of -3i + 7j m/s. What is its angular momentum about the origin?

3. A solid ball of mass 10 kg and radius 25 cm is rotating at 200 rpm. a. What is its angular momentum?

- b. What is its kinetic energy?
- 4. Two wheels are connected by a belt that does not slip. The radius of one wheel (B) is three times the radius of the second (A). What would be the ratio of the rotational inertias I_A/I_B if a. both wheels had the same angular momentum?



b. both wheels had the same rotational kinetic energy?

5. A child of mass 35 kg is sitting on a large rotating disk (100 kg and radius 2 m) in a playground. The disk is rotating at 1 revolution per second, and the child is initially sitting 0.5 meters from the center. The child carefully crawls to the edge of the disk. What is the new rotation rate?

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- 6. You are sitting on a rotating stool with your arms held out. If you pull your arms in, your rotational speed increases.
 - a. Are there any external forces exerted on you during this process? If so, list them.
 - b. Are there any external torques exerted on you during this process? If so, list them.
 - c. What happens to your moment of inertia in this process? Explain.
 - d. Why does your rotational speed increase?
 - e. What happens to your kinetic energy in this process? Explain.

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Answers:

- 1. A) 0 kg·m²/s B) 300 kg·m²/s C) 600 kg·m²/s D) 300 kg·m²/s
- 2) 32 kg•m²/s 3. a) 5.24 kg•m²/s b) 54.8 J
- 4. a) $I_A:I_B = 1:3$ b) $I_A:I_B = 1:9$ 5) 0.61 rps

6. a) Weight and normal force. b) None. The 2 forces are parallel to rotation axis, so no torque.

c) I goes down as hands and arms pull in. d) Since L is conserved, as I goes down, ω goes up

e) K goes up! The energy comes from you – it takes work to pull your arms in, that energy goes into your rotational kinetic energy